

The Mental Health Commission of Canada

Applauds

Declaration of Commitment to Recovery

By signing this Declaration, I/we _____ commit to:

- Learning more about how to advance recovery and recovery-oriented mental health services
- Encouraging dialogue on adopting recovery-oriented practices, policies and programs
- Seeking out and engaging people with lived experience, peer supporters, families and caregivers
- Promoting a greater understanding of recovery and encouraging others to sign the Declaration

Signature: _____

Date: _____

Presented by:



Howard Chodos

Director, Mental Health Strategy for Canada



**Mental Health
Commission
of Canada**

**Commission de
la santé mentale
du Canada**